

# Additional Resources for Navigating and Understanding Social Media & Technology

Facebook

<https://www.facebook.com/safety/groups/parents/>

Twitter

<https://about.twitter.com/safety/families>

Instagram

<https://help.instagram.com/154475974694511/>

Google+

<https://support.google.com/plus/answer/2423637?hl=en>

Snapchat

[http://www.connectsafely.org/wp-content/uploads/snapchat\\_parents\\_guide.pdf](http://www.connectsafely.org/wp-content/uploads/snapchat_parents_guide.pdf)

Apple iPhone, iPad, iPod Touch

<https://support.apple.com/en-us/HT201304>

AT&T

<http://www.att.net/parentalcontrols>

Androids

<http://www.geeksquad.co.uk/articles/set-up-parental-controls-android>

Connect Safely

<http://www.connectsafely.org/guides-2/>

Netsmartz

<http://www.netsmartz.org/Parents>

\*Gaming consoles, such as Xbox, PlayStation, Wii, etc. provide parental controls as well. If you type in the search engine parental controls followed by the specific gaming device, you will be able to locate and access further information on how to use parental controls. Ex: parental controls Xbox or parental controls PlayStation.